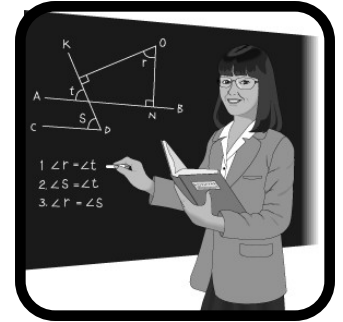
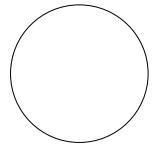


# Interest Checklist



It is important to all of us that we like our jobs; doing so will increase our chances of success.

This Interest Checklist may help you decide what kinds of work you would like to do. It lists activities that are found in a broad range of industries and occupations today.

Read each of the statements carefully. If you think you would “like” to do this kind of activity, make a check✓ under the “L”; if you “don’t like” the activity, make a ✓ under the “D”; if you are not certain whether you would like the activity or not, make a ✓ under the “?”. After you have checked each activity, go back and double check✓ at least three activities that you think you would like most to do.

You may check an activity even if you do not have training or experience for it, if you think you would enjoy the work. Check the “?” when you cannot decide whether you would like or dislike the activity, or when you do not know what the activity is.

There are no right or wrong answers. Check each activity according to how *you* feel about it. The more you know about your likes and dislikes, the more you will be able to help yourself in thinking about careers.

*Now turn the page and begin.*

Read each of the items below and indicate how you feel about the activity described by a check

**L** (Like)

**?** (Uncertain)

**D** (Dislike)

	<b>L</b>	<b>?</b>	<b>D</b>
Write short stories or articles .....	_____	_____	_____
Edit work of writers .....	_____	_____	_____
Write reviews of books or plays .....	_____	_____	_____
Teach classes in oil painting .....	_____	_____	_____
Carve figures of people or animals .....	_____	_____	_____
Design artwork for magazines .....	_____	_____	_____
Direct plays .....	_____	_____	_____
Perform magic tricks in a theater .....	_____	_____	_____
Announce radio or television programs .....	_____	_____	_____
Conduct a symphony orchestra .....	_____	_____	_____
Compose or arrange music .....	_____	_____	_____
Play a musical instrument .....	_____	_____	_____
Create routines for professional dancers .....	_____	_____	_____
Dance in a variety show .....	_____	_____	_____
Teach modern dance .....	_____	_____	_____
Restore damaged works of art .....	_____	_____	_____
Carve designs in wooden blocks for printing greeting cards .....	_____	_____	_____
Design and paint signs .....	_____	_____	_____
Analyze handwriting and appraise personality .....	_____	_____	_____
Introduce acts in a circus .....	_____	_____	_____
Guess weight of people at a carnival .....	_____	_____	_____
Model clothing for customers .....	_____	_____	_____
Pose for a fashion photographer .....	_____	_____	_____
Be a stand-in for a television star .....	_____	_____	_____
Develop chemical processes to solve technical problems .....	_____	_____	_____
Analyze data on weather conditions .....	_____	_____	_____
Develop methods to control air or water pollution .....	_____	_____	_____
Study causes of animal diseases .....	_____	_____	_____
Develop methods for growing better crops .....	_____	_____	_____
Develop new techniques to process foods .....	_____	_____	_____
Examine teeth and treat dental problems .....	_____	_____	_____
Diagnose and treat sick animals .....	_____	_____	_____
Give medical treatment to people .....	_____	_____	_____
Prepare medicines according to prescription .....	_____	_____	_____
Study blood samples using a microscope .....	_____	_____	_____
Test ore samples for gold and silver content .....	_____	_____	_____
Manage a beef or dairy ranch .....	_____	_____	_____
Operate a commercial fish farm .....	_____	_____	_____
Manage the use and development of forest lands .....	_____	_____	_____
Supervise farm workers .....	_____	_____	_____

	<b>L</b>	<b>?</b>	<b>D</b>
Supervise a logging crew .....	_____	_____	_____
Supervise a park maintenance crew .....	_____	_____	_____
Train horses for racing .....	_____	_____	_____
Feed and care for animals in a zoo .....	_____	_____	_____
Bathe and groom dogs .....	_____	_____	_____
Pick vegetables on a farm .....	_____	_____	_____
Catch fish as a member of a fishing crew .....	_____	_____	_____
Trim branches and limbs from trees .....	_____	_____	_____
Direct police activities .....	_____	_____	_____
Issue tickets to speeding motorists .....	_____	_____	_____
Enforce fish and game laws .....	_____	_____	_____
Guard inmates in a prison .....	_____	_____	_____
Guard money in an armored car .....	_____	_____	_____
Fight fires to protect life and property .....	_____	_____	_____
Plan and design roads and bridges .....	_____	_____	_____
Design electrical equipment .....	_____	_____	_____
Plan construction of a water treatment plant .....	_____	_____	_____
Direct operations of a power plant .....	_____	_____	_____
Direct construction of buildings .....	_____	_____	_____
Supervise operations of a coal mine .....	_____	_____	_____
Survey land to determine boundaries .....	_____	_____	_____
Make drawings of equipment for technical manuals .....	_____	_____	_____
Operate a radio transmitter .....	_____	_____	_____
Design and draft master drawings of automobiles .....	_____	_____	_____
Direct air traffic from an airport control tower .....	_____	_____	_____
Conduct water pollution tests .....	_____	_____	_____
Pilot a commercial aircraft .....	_____	_____	_____
Operate a ferry boat .....	_____	_____	_____
Be captain of an oil tanker .....	_____	_____	_____
Build frame houses .....	_____	_____	_____
Make and repair dentures .....	_____	_____	_____
Prepare and cook food in a restaurant .....	_____	_____	_____
Plan, install and repair electrical wiring .....	_____	_____	_____
Repair and overhaul automobiles .....	_____	_____	_____
Set up and operate printing equipment .....	_____	_____	_____
Operate generators at an electric plant .....	_____	_____	_____
Operate boilers to heat a building .....	_____	_____	_____
Operate water purification equipment .....	_____	_____	_____
Inspect fire-fighting equipment .....	_____	_____	_____
Inspect aircraft for mechanical safety .....	_____	_____	_____
Grade logs for size and quality .....	_____	_____	_____
Drive a tractor-trailer truck .....	_____	_____	_____
Operate a locomotive .....	_____	_____	_____

	L	?	D
Operate a motorboat to carry passengers .....	_____	_____	_____
Prepare items for shipment and keep records .....	_____	_____	_____
Receive, store and issue merchandise .....	_____	_____	_____
Record amount and kind of cargo on ships .....	_____	_____	_____
Develop film to produce negatives or prints .....	_____	_____	_____
Repair small electrical appliances .....	_____	_____	_____
Paint houses .....	_____	_____	_____
Operate a bulldozer to move earth .....	_____	_____	_____
Operate a crane to move materials .....	_____	_____	_____
Operate an oil drilling rig .....	_____	_____	_____
Recap automobile tires .....	_____	_____	_____
Operate a duplicating copy machine .....	_____	_____	_____
Clean and maintain office buildings .....	_____	_____	_____
Set up and operate a lathe to cut and form metal .....	_____	_____	_____
Drill tiny holes in industrial diamonds .....	_____	_____	_____
Hand polish optical lenses .....	_____	_____	_____
Operate a drill press .....	_____	_____	_____
Operate a power saw in a woodworking factory .....	_____	_____	_____
Assemble refrigerators and stoves in a factory .....	_____	_____	_____
Operate a power sewing machine to make clothing .....	_____	_____	_____
Operate a dough-mixing machine for making bread .....	_____	_____	_____
Assemble electronic components .....	_____	_____	_____
Inspect bottles for defects .....	_____	_____	_____
Sort fruit according to size .....	_____	_____	_____
Test electronic parts before shipment .....	_____	_____	_____
Operate a grinding machine in a factory .....	_____	_____	_____
Work on a factory assembly line .....	_____	_____	_____
Operate a machine that fills containers .....	_____	_____	_____
Hand package materials and products .....	_____	_____	_____
Assemble parts to make venetian blinds .....	_____	_____	_____
Drive a forklift truck to move materials in a factory .....	_____	_____	_____
Take dictation, type and handle business details .....	_____	_____	_____
Search records to verify land ownership .....	_____	_____	_____
Maintain records on real estate sales .....	_____	_____	_____
Maintain charge account records .....	_____	_____	_____
Keep timecard records .....	_____	_____	_____
Compute average weekly production from daily records .....	_____	_____	_____
Receive and pay out money in a bank .....	_____	_____	_____
Sell tickets at places of entertainment .....	_____	_____	_____
Operate a cash register in a grocery store .....	_____	_____	_____
Answer questions at an information counter .....	_____	_____	_____
Operate a telephone switchboard .....	_____	_____	_____

	L	?	D
Interview persons wanting to open checking accounts .....	_____	_____	_____
Check typewritten material for errors .....	_____	_____	_____
Compile and maintain employee records .....	_____	_____	_____
Deliver mail to homes and businesses .....	_____	_____	_____
Type letters and reports .....	_____	_____	_____
Operate a computer typewriter to send or receive information .....	_____	_____	_____
Operate a billing machine to prepare customer bills .....	_____	_____	_____
File office correspondence .....	_____	_____	_____
Locate and replace library books on shelves .....	_____	_____	_____
Handstamp return addresses on envelopes .....	_____	_____	_____
Sell telephone and other communication equipment .....	_____	_____	_____
Sell newspaper advertising space .....	_____	_____	_____
Select and buy fruits and vegetables for resale .....	_____	_____	_____
Sell automobiles .....	_____	_____	_____
Demonstrate products at a trade exhibit .....	_____	_____	_____
Sell articles at auction to highest bidder .....	_____	_____	_____
Sell merchandise from door to door .....	_____	_____	_____
Sell candy and popcorn at sports events .....	_____	_____	_____
Persuade nightclub customers to pose for pictures .....	_____	_____	_____
Supervise activities of children at vacation camp .....	_____	_____	_____
Greet and seat customers in a restaurant .....	_____	_____	_____
Serve meals and beverages to airline passengers .....	_____	_____	_____
Give haircuts .....	_____	_____	_____
Style, dye and wave hair .....	_____	_____	_____
Give scalp-conditioning treatments .....	_____	_____	_____
Drive a bus .....	_____	_____	_____
Drive a taxicab .....	_____	_____	_____
Teach automobile driving skills .....	_____	_____	_____
Wait on tables in a restaurant .....	_____	_____	_____
Park automobiles .....	_____	_____	_____
Cash checks and give information to customers .....	_____	_____	_____
Check passenger baggage .....	_____	_____	_____
Help hotel guests get taxicabs .....	_____	_____	_____
Operate a carnival ride .....	_____	_____	_____
Plan and carry out religious activities .....	_____	_____	_____
Work with juveniles on probation .....	_____	_____	_____
Help people with personal or emotional problems .....	_____	_____	_____
Provide nursing care to hospital patients .....	_____	_____	_____
Plan and give physical therapy treatment to patients .....	_____	_____	_____
Teach the blind to read braille .....	_____	_____	_____

	L	?	D
Give hearing tests .....	_____	_____	_____
Care for children at an institution .....	_____	_____	_____
Prepare patients for examination by a physician .....	_____	_____	_____
Plan and write computer programs to help solve scientific problems .....	_____	_____	_____
Plan collection and analysis of statistical data .....	_____	_____	_____
Apply knowledge of statistics to set insurance rates .....	_____	_____	_____
Teach courses in high school .....	_____	_____	_____
Teach vocational education courses .....	_____	_____	_____
Manage the library program for a community .....	_____	_____	_____
Do research to develop new teaching methods .....	_____	_____	_____
Do research to understand social problems ...	_____	_____	_____
Review and analyze economic data .....	_____	_____	_____
Serve as a court judge .....	_____	_____	_____
Advise clients on legal matters .....	_____	_____	_____
Settle wage disputes between labor and management .....	_____	_____	_____
Manage a department of a large company .....	_____	_____	_____
Plan and direct work of a governmental office .....	_____	_____	_____
Purchase supplies and equipment for a large firm .....	_____	_____	_____
Examine financial records to determine tax owed .....	_____	_____	_____
Approve or disapprove requests for bank loans .....	_____	_____	_____
Buy and sell stocks and bonds for clients .....	_____	_____	_____
Direct administration of a large hospital .....	_____	_____	_____
Serve as principal of a school .....	_____	_____	_____
Direct operations of a museum .....	_____	_____	_____
Write news stories for publication or broadcast .....	_____	_____	_____
Broadcast news over radio or television .....	_____	_____	_____
Direct operations of a newspaper .....	_____	_____	_____
Plan advertising programs for an organization .....	_____	_____	_____
Direct fund raising for a non-profit organization .....	_____	_____	_____
Lobby for or against proposed legislation .....	_____	_____	_____
Direct investigations to enforce banking laws .....	_____	_____	_____
Inspect work areas to detect unsafe working conditions .....	_____	_____	_____
Inspect cargo to enforce custom laws .....	_____	_____	_____

	L	?	D
Manage a hotel or motel .....	_____	_____	_____
Direct activities of a branch office of an insurance company .....	_____	_____	_____
Manage a grocery, clothing, or other retail store .....	_____	_____	_____
Investigate and settle insurance claims .....	_____	_____	_____
Obtain leases for outdoor advertising sites .....	_____	_____	_____
Sign entertainers to theater or concert contracts .....	_____	_____	_____
Manage a professional baseball team .....	_____	_____	_____
Referee sporting events .....	_____	_____	_____
Drive in automobile races .....	_____	_____	_____
Perform as a trapeze artist in a circus .....	_____	_____	_____
Perform stunts for movie or television scenes	_____	_____	_____
Perform juggling feats .....	_____	_____	_____

**NOW, GO BACK AND DOUBLE CHECK AT LEAST THREE ACTIVITIES THAT YOU WOULD MOST LIKE TO DO:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

OR:

**LIST ANY JOB AREAS THAT YOU ARE INTERESTED IN IF THEY DO NOT APPEAR ON THESE LISTS.**

**Where to research jobs/careers:**

- classified ads in newspapers, magazines, trade and professional journals
- colleges, universities, community colleges, counseling and career centers
- friends, relatives and people performing job
- public libraries
- bookstores
- private and public employment agencies
- yellow pages
- professional associations
- state, local and federal civil service offices and announcements