

## THE HIGH FIVE

Five basic principles, provide an overview of some of the most important guidelines for career management. Using these guidelines, students strategize ways to acquire the necessary skills, education, and work experience needed to achieve their future goals

### 1. Change is Constant

world. Because a single occupation will no longer take workers from the beginning to the end of their working lives, adaptability is an important skill to carry into the future.

We change constantly and so does the world around us - including the working



### 2. Learning is Ongoing

Graduating from secondary school or college doesn't mean that your education is complete. Opportunities to learn are everywhere! Learn to recognize them and make your learning a life long experience.

### 3. Focus on the Journey

Traveling through life is like traveling down a road; having a destination gives direction, but most of the time is spent moving along. Pay attention to the journey with all its pitfalls, sidetracks, opportunities, and highways to new destinations.

### 4. Follow Your Heart

Dreaming about your future can help you understand what you really want in life. Knowing what you want and keeping it in your mind can give you the motivation you need to deal with life's challenges. Never be afraid to dream.



### 5. Access Your Allies

The journey of life is not taken alone. Friends, family, teachers, neighbors - any of them can be willing and helpful allies when it comes to judging what steps to take on life's path.