

# MY OPTIONS LESSON PLAN



## MY OPTIONS - LESSON PLAN

LESSON TITLE:  
**MY  
OPTIONS**

### AIMS

This lesson will:

- Explore what options are available to the students when they finish post-primary school.



### OUTCOMES

At the end of this lesson students will be able to:

- List and explain a variety of pathways students could follow when they finish post-primary school.



### LINKS TO JUNIOR CYCLE KEY SKILLS

- Communicating (Listening and expressing myself, discussing and debating, using language).
- Managing myself (Knowing myself, making considered decisions, using digital technology to manage myself and my learning).
- Staying well (Being healthy, being social, being safe, being responsible).
- Being creative (Exploring options and alternatives, implementing ideas and taking actions).
- Working with others (Learning with others, respecting difference, developing good relationships, co-operating).
- Managing information and thinking (Gathering and recording information, being curious, thinking critically, using digital technology to access, manage and share knowledge)



### LINKS TO JUNIOR CYCLE STATEMENTS OF LEARNING

In this lesson students will

- Take action to safeguard and promote her/his wellbeing and that of others.
- Has an awareness, knowledge, skills, values and motivation to live sustainably.
- Bring an idea from conception to realisation.



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### LINKS TO WHOLE SCHOOL GUIDANCE



#### Developing Myself

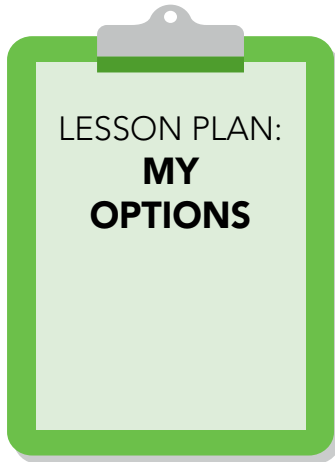
In this lesson students will

- Develop & maintain self-esteem & a positive self-concept.
- Interact effectively with others.
- Develop & grow throughout life.
- Students will be able to identify and describe their personal qualities, attitudes and strengths, interests and how they influence behaviour.
- Students will be able to demonstrate effective social skills when cooperating, collaborating & negotiating with peers and teacher.
- Students will be able to participate in a range of activities & tasks to enhance emotional, social, cognitive & physical development.
- Ask for help when required.

#### Developing my Career Path:

- Explore the education requirements for further study & career interests - Access information re further study/employment/apprenticeships
- Explore different career/occupational search tools & resources
- Describe the importance & ways of accessing career related information (e.g. online, parents, teachers, school personnel, community workers etc)
- Identify how to access information sources
- Make informed decisions on future education/training opportunities using career related information taking account of their interests & abilities

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### MATERIALS NEEDED FOR THIS LESSON

#### BY TEACHER

- PowerPoint
- Worksheets

#### BY STUDENTS

- Worksheets

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### OPENING 'THE HOOK'

THINK PAIR SHARE! Students discuss 'What options they think are available after school?'



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### BODY OF LESSON

#### TEACHER ACTIVITIES

Teacher informs students of the options available to them after school. These options include:

- Third Level Education
- Post Leaving Cert Courses (PLCs)
- Apprenticeships
- Graduate Programmes
- Employer Sponsored Programmes
- Study Abroad
- Work
- Work Experience
- Volunteering
- Gap Year
- Repeat Leaving Certificate

Teacher directs students to their worksheet where they must think about some of the options they would like to explore when they finish school.

#### STUDENT ACTIVITIES

Students given information on options after they finish school.

Students complete their worksheet on exploring some of the options they would like to explore when they finish school.

### CONSOLIDATION OF LEARNING

Finally, the teacher re-examines the lesson's aims.

