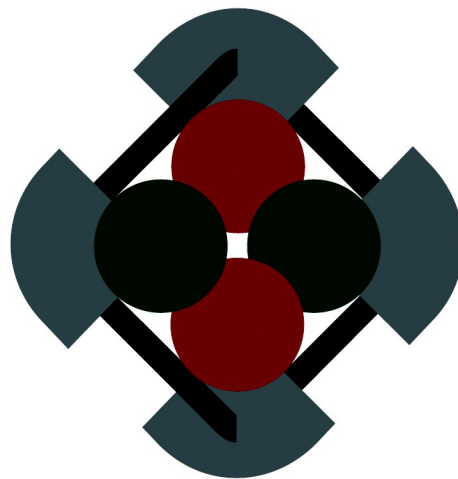


SCHEME OF WORK:

TY - PSYCHOLOGY



Lesson Plan: 1

Year: Transition Year

Introduction to Psychology

General Aims: A broad introduction to the discipline of Psychology.

Specific Objectives:

- Students will be introduced to a definition of modern psychology.
- Students will be made aware of the ancestry of psychology from Trephining to Rene Descartes.
- Students will know the importance of the empirical approach to Psychology.
- Students will complete a short group exercise to demonstrate the differences between science and common sense when exploring psychology.
- Students will learn about Willhelm Wundt's contribution to Psychology.
- Students will be introduced to the concepts behind "Pavlov's Dog".
- Students are introduced to some data on Sigmund Freud.
- Students are introduced to four dominant schools of modern psychology:
 - Biological Psychology
 - Behavioral/Clinical Psychology
 - Cognitive Psychology
 - Social-Cultural Psychology
- Students are introduced to a selection of environmental influences on human behaviour.
- Students are given the opportunity to discuss how culture influences behaviour.
- Students are introduced to the Nurture vs Nature argument.

Notes: The above lesson will normally last the duration of 2-3 class periods.

Lesson Plan: 2

Year: Transition Year

The Role of Perception in Psychology

General Aims: A broad introduction to the role of perception in Psychology.

Specific Objectives:

- Students will be introduced to the concepts of Sensation, Perception and Selective Attention.
- As an example, students will be made aware of how Perception is used in the process of Judging Distances.
- Practical examples of how the brains use of “grouping” can lead to difficulties.
- Students will be able to discuss how perception is influenced by culture and experience.
- Students will be able to critically evaluate the concept of ESP in modern psychology.
- To ground the concept of perception in a real world scenario, students will be able to look at issues around the accuracy of eye witness accounts in criminal cases.

Supplementary material can be used to reinforces learning such as the “Vocal Effect” and the “Vanishing Office Worker”.

Notes: The above lesson will normally last the duration of 2-3 class periods.

Lesson Plan: 3

Year: Transition Year

Introduction to Applied Psychology

General Aims: A broad introduction to Applied Psychology.

Specific Objectives:

- Students will be introduced to the concepts of contemporary theories in Applied Psychology.
- Students will be introduced to some terms including, narcissism, psychopathic, sociopath and sadism.

Supplementary material can be used to reinforces learning such as power-points on Psychology Tricks and Psychology Facts.

Notes: The above lesson will normally last the duration of 2-3 class periods.

Lesson Plan: 4

Year: Transition Year
Sleep

General Aims: An introduction to the topic of sleep explored by modern Psychology.

Specific Objectives:

- Students discuss some topical issues around sleep and issues around quality of living.
- Students will be introduced to contemporary thinking around sleep cycles and sleep deprivation.

Supplementary material can be used to reinforces learning such as ‘Guidelines for Better Sleep’.

Notes: The above lesson will normally last the duration of 1 class period.

Lesson Plan: 5

Year: Transition Year

Conformity & Obedience

General Aims: An introduction to the topics of Conformity & Obedience, specifically through the work of Milgram, Asch and Sherif.

Specific Objectives:

- Be able to define conformity and demonstrate some knowledge of research studies e.g. the work of Asch.
- Be able to define obedience and demonstrate some knowledge of research studies e.g. the work of Milgram.
- Demonstrate knowledge of the factors affecting levels of obedience and conformity.
- Be able to evaluate the research on conformity and obedience including possible cultural differences.

Supplementary material can be used to reinforce learning such as some videos on a small number of these experiments.

Notes: The above lesson will normally last the duration of 1 class period.