

Start Thinking about Your Future Career

1. Assumptions & Influences
2. What Drives You In Life?
3. Will You Dare To Live The Life You Want?
4. Future Consequences
5. How many Hellos Are You Away From Your Dream Job?

Assumptions & Influences



Who and what influences you?

Research shows people called Lawrence become “solicitor’s”.
Because the word seems familiar from an early age!



'Caterwauling'

Whether you know the meaning of the word or not –
what do you think of?



Definition:



**When I say 'engineer',
what do you think of?**



Something like this?



In reality, it's more like this...



**If you had to be an engineer,
what type would you be?**



Engineering covers many different types of activity...

Engineers make things, they make things work, and they make things work better.

Engineers manage our water, gas, and electricity supplies. They also develop new ways to generate electricity, such as wind and solar power.

Engineers use their creativity to design solutions to the world's problems.

Engineers build the world around us, including buildings, roads, bridges, schools, and hospitals

Engineers help build the future.

Engineers work in almost every area that affects people.

Engineers make the food we eat and the medicines we take.



And lots of different sectors!

Aerospace and
aeronautical

Biomedical

Chemical

Civil and
structural

Electrical and
electronic

Energy

Environmental

Marine

Materials

Mechanical

Production and
manufacturing

Software
engineering and
computing



Researching your options

Go to careersportal.ie

Search for occupations.

Research, Research and then more Research

Now do the same for other occupations which interest you...



The 'nudge' effect of influences



There are a number of famous actors who came from the industrial town of Port Talbot. Arguably, because formidable hell-raising superstar Richard Burton set the tone, and inspired locals such as Anthony Hopkins, Michael Sheene, and performer Rob Brydon.

There was an expectation that young people from Port Talbot could act.



Matthew Syed, the table tennis champion who grew up in Reading, cites in his book 'Bounce' that there was **'a period in the 1980s, when my street and its immediate vicinity produced more outstanding table tennis players than the rest of the nation'**. He puts the success down to one committed teacher, the intense competition between neighbours, and the unlimited access they had to great facilities.



Eilish McColgan is a successful Scottish middle-distance runner. The daughter of famous athletes, Liz and Peter McColgan, Eilish is coached by her mother, a former Olympic silver medallist and 10,000 metres world champion. Eilish studied mathematics and accountancy at the University of Dundee before embarking on a full-time career as an athlete.



Who and what is currently influencing you?

Ultimately, it's still your choice and has to be the right decision for you.



What Drives You in Life?





A flower Venn diagram...

To help you blossom!

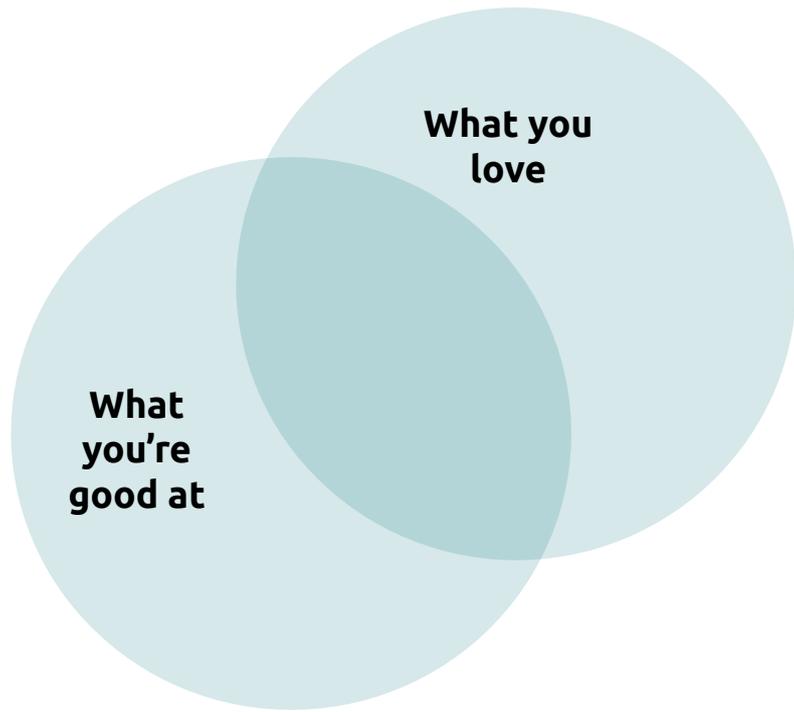


**What
you're
good at**

Circle one: What you're good at

Be specific and don't think too hard.
Use obvious skills such as working with numbers, as well as softer skills such as being a good listener.



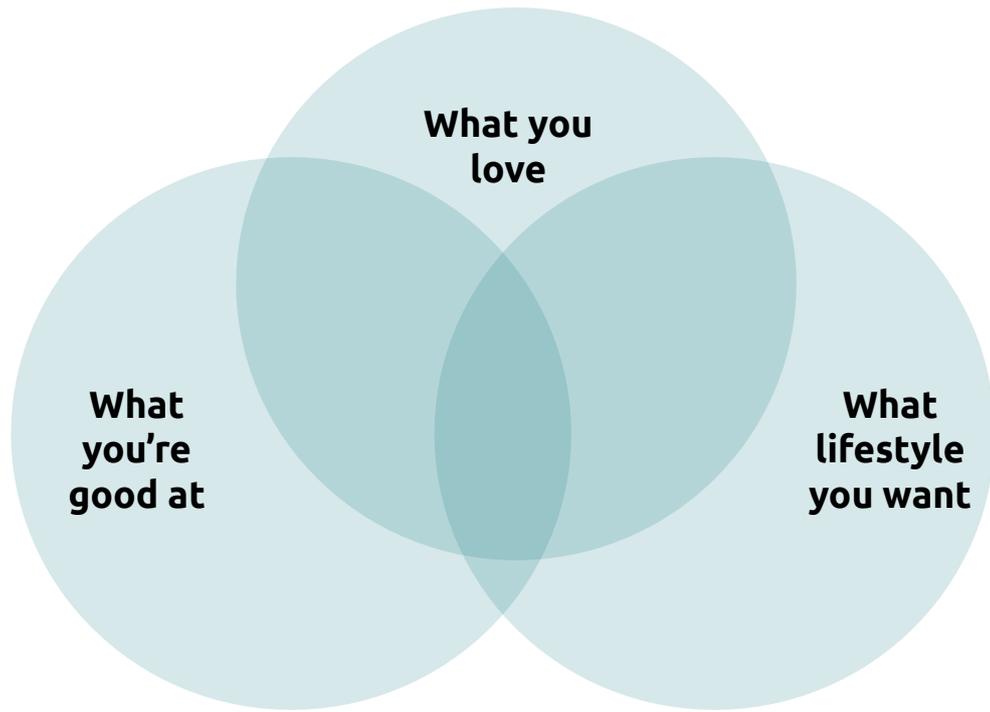


Circle two: What you love

This one is simple – the things that make you happy.

The things you love can help you determine experiences where you really thrive, such as being in a lively setting, collaborating, or being out in the countryside.



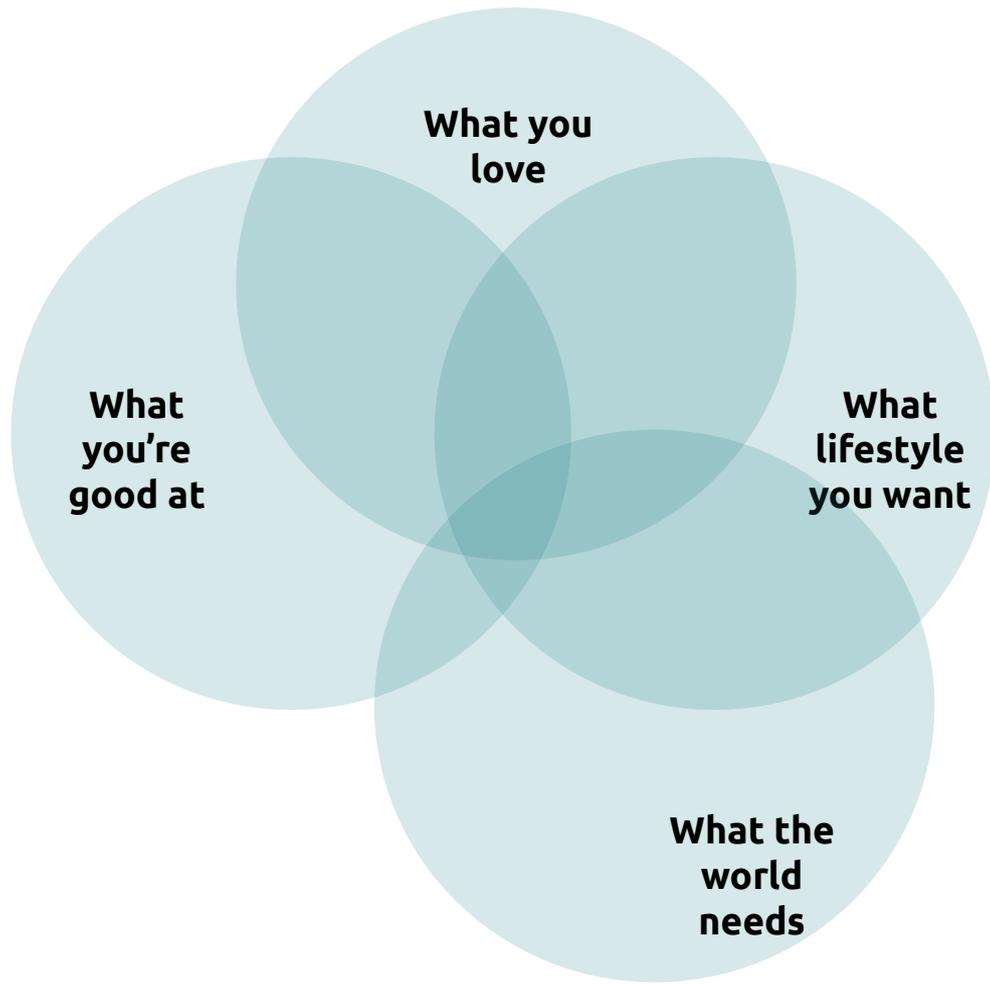


Circle three: What lifestyle you want

Think about the type of lifestyle and the work/life balance you want.

Consider what matters to you most in life – family, work, socialising, personal interests, being active, money, structure, flexibility?

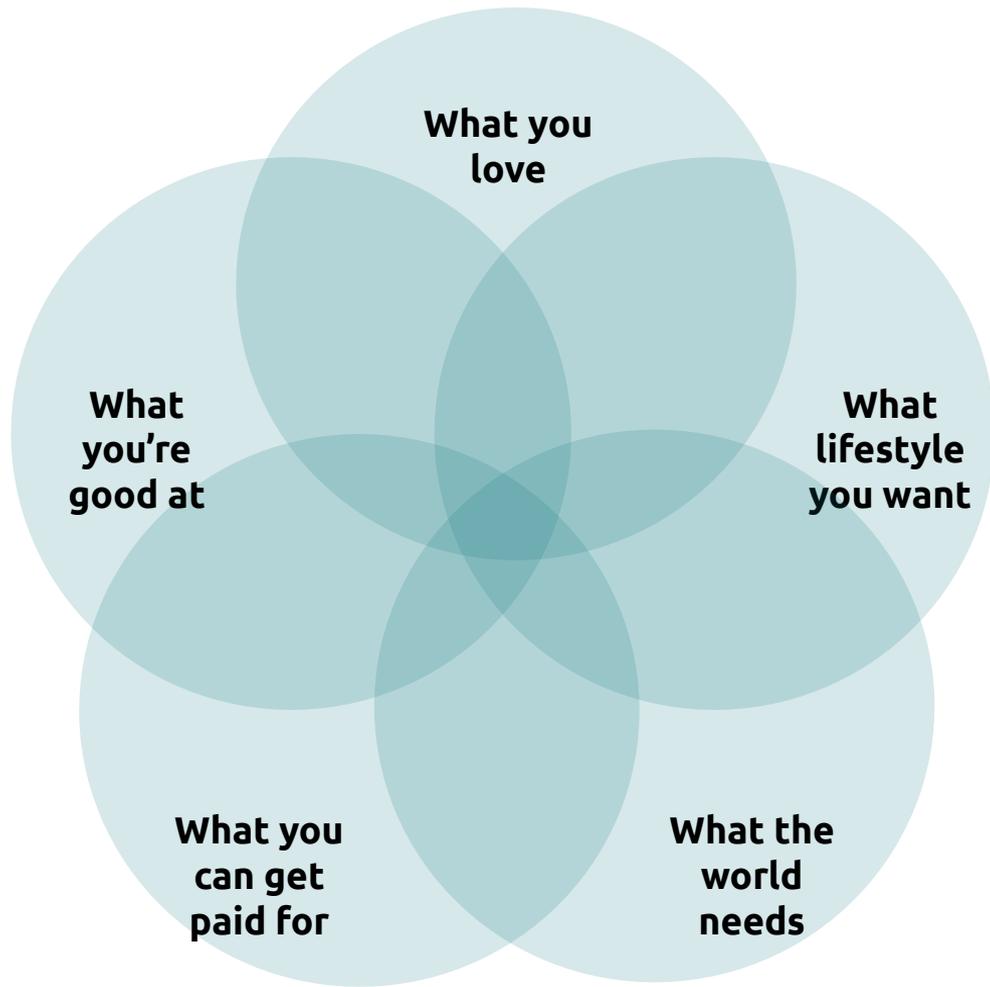




Circle four: What the world needs

Think about how you fit into the bigger picture, and whether 'making a difference' in a wider sense is important to you.





Circle five: What you can get paid for

Write as many ideas as you can...





Add the intersecting words and reflect on how the contents of this flower diagram can help you make decisions.





Put your 'career consultant' hat on

In pairs, take it in turns to interview each other, asking a variety of questions.

Based on their answers, write a report for your partner with recommendations about the type of job or industry you could see them in, and why.

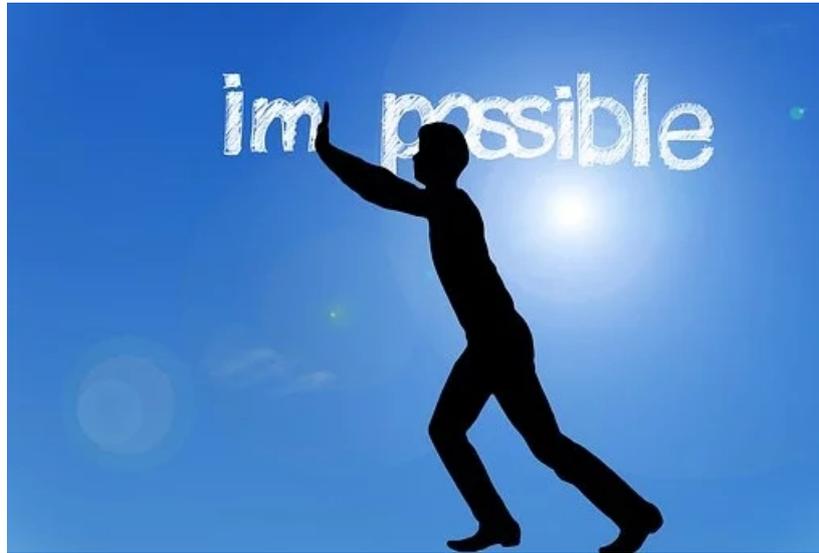


Think back to the start of the lesson.

Has your opinion on what drives you in life now changed?



Will You Dare To Live
The Life
You Want?



How many jobs do you think are available within the sports industry?

Here's just a snapshot! Can you think of any others?

At University:

Athletic
Trainer

Coach – many different sports

Assistant Coach

Lifeguard

Associate Athletic
Director

Athletic Director

Physical Education Teacher

Marketing and Promotions Coordinator

Athletic Program Development
Director

Sports Information
Director

Sports and Exercise
Scientist

Here's just a snapshot! Can you think of any others?

In health and fitness:

Athletic
Trainer

Physical Therapist

Medical Assistant

Sports Medicine Aide

Assistant Athletic
Trainer

Physical Therapy Assistant

Sports Massage
Therapist

Sports and Fitness
Nutritionist

Strength and Conditioning Coach

Exercise
Physiologist

Sports
Physician

Sports
Psychologist

Fitness Class
Instructor

Here's just a snapshot! Can you think of any others?

Within professional sports teams:

Coach

Strength and Conditioning Coach

Scout

Player

Referee

General Manager

Business Manager

Marketing Director

Promotion
Director

Paralegal

Medical staff

Sport and Exercise
Psychologist

Executive Director

Director of Community Relations

Ticket Operations Manager

Stadium Manager

Sports Events Coordinator

Equipment Manager

Scoreboard Operator

Public Address Announcer

Here's just a snapshot! Can you think of any others?

Sporting retail:

Manufacturer's Representative

Sporting Goods Store Manager

Sporting Goods Salesperson

Sports Store Business Owner

Here's just a snapshot! Can you think of any others?

Recreation:

Sports Development Manager

Recreational Manager

Youth Sports Administrator

Recreation Manager

Director

Recreation Specialist

Recreation Therapist

Outdoor Recreation
Planner

Health and Fitness Director

Instructor

Facility Manager

Aquatic Director

Here's just a snapshot! Can you think of any others?

Broadcasting:

Sportscaster

Sports News Reporter

Television Sports
Producer

Radio Sports
Producer

Internet Sports Producer

Sports Writer

Sports
Photographer

Sports Talk Show
Host

Sports Columnist

Sports Television Talent
Director

Editor

Publisher

What options are available in other industries?

- Administration
- Animal care
- Beauty and wellbeing
- Business and finance
- Computing, technology, and digital
- Construction and trades
- Creative and media
- Delivery and storage

- Emergency and uniform services
- Engineering and maintenance
- Environment and land
- Government services
- Healthcare
- Home services
- Hospitality and food
- Law and legal

- Managerial
- Manufacturing
- Retail and sales
- Science and research
- Social care
- Teaching and education
- Transport
- Travel and tourism

Go and explore!

[Careersportal.ie](#)

[ucas.com/hub](#)

[Qualifax.ie](#)

Future Consequences



Write your
name at the
top
of the paper.

Fold the
paper over.

Pass on to
a person
at least three
seats away.

No peeking!



**And when you've received
the folded paper...**

Write
your name.

Fold the
paper over.

Pass on to
a person
at least
three
seats away.

Again, no peeking!



Then write where you met.
Choose from one of these future meeting places below.
Imagine you're around 35 years old...

In a
classroom
on the top
floor of an
Arcology

Sharing a
drone taxi

Collecting
produce
from
a
farmscraper
(skyscraper)

In a space
port
waiting
area

The foyer
of an
underwater
hotel

Fold and pass



**Write 'I can't believe that you're a [blank].
How did that happen?'**
Choose from the 'future job' options.

Self-driving
car
mechanic

Drone
manager

Extinct
species
revivalist

Alternative
energy
consultant

Urban
agriculturali
st

3D
food-printer
engineer

Book-to-app
converter

Social
education
specialist

Wind
turbine
repair
technician

Plant
psychologist

Earthquake
forecaster

Gene
programmer

Fold and pass



**Choose and write down one of the
'future career routes' below.**

I took a
MOOC,
and then my
company
sent me on a
socialisation
course.

I did an
apprenticesh
ip.

I did a
blended
course, part
online and
part
at university.

I went to an
ecological
university.

Fold and pass



Write **'Having had that discussion,
they...'**

You decide what to write here... so make up your own
consequence!



Unwrap the Future
Consequence.

Hand it to the person who is second on the
list.

Ask them how they like their future
job!



What are the current opportunities?

How can I find out what I don't know?

Use the **Explore tool** in the UCAS Hub –
ucas.com/hub or careersportal.ie



Do you know what
you want your
future to look like?



How Many Hellos Are You Away From Your Dream Job?



The 'six degrees of separation' theory:

Anyone in the world can be connected to anyone else in the world through a chain of 'friend of a friend,' with no more than five people in between.



Who knows
someone who works
in a theatre?

Who knows
someone who's
travelled
to America?

Who knows
someone who's
been on TV?



Who knows
a scientist?

Who knows
someone who works
with computers?

Who knows
someone who's
a farmer?



Who knows what career
they'd like to go in to?

Does anybody know
someone in that industry?



**Good communication can be so useful
in finding opportunities and solutions.**



**How can you start to build a network
which helps your future planning?**

